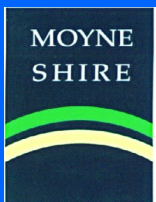
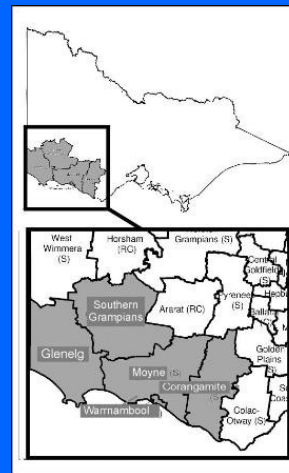


Government Partners



The SWAS Region:

- Corangamite Shire
- Glenelg Shire
- Moyne Shire
- Southern Grampians Shire
- Warrnambool City Council



Major towns:

- Camperdown
- Hamilton
- Portland
- Port Fairy
- Warrnambool



Sponsors



South West Academy of Sport
 PO Box 26 Warrnambool 3280
 Building L South West TAFE
 Timor Street Warrnambool
swsportsacademy@swtafe.vic.edu.au
 Office: (03) 5564 8567
 Mobile: 0400 076 469

Providing Elite
 Pathways &
 Services for
 South West
 Sporting Talent



Talent Identification Unit
 partner

www.swas.org.au

South West Academy of Sport (SWAS) is the peak sporting body of South West Victoria. Providing elite focused programs, SWAS compliments the regions local sporting communities by servicing aspiring athletes & coaches by way of education & development through training opportunities. SWAS is the direct pathway for sporting success in the South West.

Services & Programs provided by SWAS:

- Athlete & Coach Education—quarterly seminars
- Athlete Diaries
- Talent Identification & Development
- Physiotherapist musculoskeletal screenings with aligned fitness programming
- Exercise physiology - Weekly strength & conditioning sessions
- Sports psychology
- Sports nutrition—hydration & recovery
- Integrated network with Sporting Associations, Institutes & Academies of Sport
- Sports science
- Extensive sport medicine network
- Elite coaching
- Monthly Fitness testing
- Athlete mentoring & support
- High level competition
- Training camps
- Access to cost effective travel & competition
- Personal development sessions/seminars
- Coach education & coach mentoring
- Athlete focused website

Vision

“To provide elite sports services & genuine pathways for emerging talented South West athletes to compete successfully as part of a supportive program at state, national & international competitions.”

Academy Philosophy

SWAS has a holistic approach & focuses on developing athletes as successful people & quality community role models. This holistic approach to the athlete as a person is achieved through a focus on life skills, personal development, education & optimum performance in sport.



Talent Identification Unit

SWAS in partnership with South West TAFE’s Certificate IV & Diploma of Sport (Development) delivers a Talent Identification & Development (TID) program throughout the greater South West. This initiative discovers south west’s sporting talent & then assists these talented individuals to develop as athletes through the “SWAS Talent Pathway”.

SWAS TALENT PATHWAY

