

The **Victorian Regional Academies of Sport (VRAS)** network is the collective effort of the six regional academies. The purpose of VRAS is for collaboration and support to ensure consistent provision of service to all athletes across Regional Victoria, while leveraging the differences in local environments, networks and support systems in each part of Regional Victoria. Each academy enjoys significant support from their local sporting, business, education and community sectors in order to deliver their work and achievements.



SPORTS SERVICED

37 Sports serviced through programs within VRAS academies

3 School partnerships

AFL, Alpine Skiing, Archery, Athletics, BMX, Badminton, Basketball, Beach Volleyball, Boxing, Canoe Polo, Canoeing, Clay Target Shooting, Cricket, Cross Country, Cycling, Football Umpiring, Golf, Gymnastics, Karate, Lawn Bowls, Mogul skiing, Motor-X, Motorcycling, Mountain Biking, Netball, Rowing, Sailing, Skateboarding, Soccer, Special Olympics, Surf Lifesaving, Surfing, Swimming, Taekwondo, Tennis, Volleyball (indoor), Water Skiing, Water polo



ATHLETES & ACHIEVEMENTS (2016/17)

4 Three athletes at VIS
One athlete as AIS

4 Athletes at World Championships

837 Total number of athletes

567 Number of athletes who represented Regional Victoria

240 Number of athletes who represented Victoria

48 Number of athletes who represented Australia



ATHLETES & ACHIEVEMENTS (ALL TIME)

23 Number of athletes who represented at world championships

23 Number of Olympians

18 Number of athletes at the VIS (talent or scholarship program)



SERVICES PROVIDED

635 Musculoskeletal screenings completed

559 Coaching sessions & camps delivered

218 Personal development/ACE sessions conducted

2213 Strength & Conditioning sessions conducted
S&C activities are also provided at coaching sessions/camps. Take-home programs also available

122 Venues / facilities

44 Number of coaches in programs working at the elite level



MINISTER QUOTE OF ENDORSEMENT

"The Andrews Labor Government is proud to support our Victorian Regional Academies of Sport (VRAS) and their work to help young athletes reach their full potential.

Each academy and their staff provide Victorian athletes with the best coaching, strength and conditioning support and sport science services they need to excel.

We look forward to strengthening our partnership with the VRAS network to give more aspiring athletes the opportunity to play the sports they love right across Regional Victoria."

The Hon. John Eren MP
Minister for Sport

Sam Rizzo

(WestVic)

T54 Wheelchair Sprinter



- Qualified for IPC World Para Junior Games; held in Switzerland August 2017.
- Set new Australian Record in T54 U/18 Men 800m and Winner of the 10km Junior Boys race at Summer Down Under.
- AIS "Under 17 Para Development Squad" member.
- Won five medals at Victorian Athletics Championships (2 gold, 3 silver).

Emily Beecroft

(Gippsland)

S9 Para-Swimmer



- Competed in 200m Individual Medley, 100m Freestyle, 100m Butterfly and 50m Freestyle in the 2016 Rio Paralympics. Emily placed 6th in both the finals of 100m butterfly and 100m freestyle and 4th in the 50m freestyle.
- Won gold in the 50 metre and 100 metre freestyle and 50 metre butterfly events at 2016 Nationals.
- Recognised as "Victorian Young Athlete of the Year" for 2016 at Victorian Sport Awards.

James Humphry

(Bendigo)

Canoeing/
Whitewater Paddling

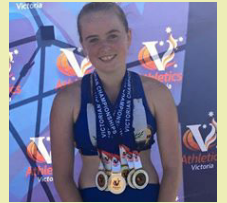


- Selected into Australian Wildwater Junior Canoe team to compete in the Wildwater Canoeing Junior and U/23 World Championships.
- Selected as part of the Australian National Wildwater K1 team for 2017 – to represent Australia at the Junior Men's Worlds.
- Best Victorian team boat results at the National team sprint titles.
- Selected in the Australian National Junior Talent Squad.

Caytlyn Sharp

(South West)

Para-Athletics



- Competed at INAS World Athletics Championships in Thailand; winning Gold in high jump, Bronze in triple jump and was part of the Bronze winning 4 x 100m Relay.
- Also claimed 2 medals at national level.
- Has been accepted into the Athletics Victoria "Target Talent Program".

Mitchell Crabbe

(Barwon)

Golf

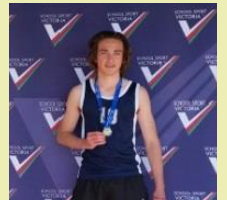


- Competed at the Senior Secondary School's State golf finals (2017) and finish tied 5th to qualify for the State Schools Victoria 17 & under Golf Team.
- Won Club Championships at Barwon Valley; becoming the youngest Club Champion in the history of the Club.
- Represented Commonwealth in the Division 1 Colts Pennant final; winning his match 4/3 and the team won 3.5/1.5.
- Mitchell and his BSA teammates were all members of the winning Victorian Junior Country Regions Championship team.

Lachlan Robertson

(Sunraysia)

Athletics (100m, 200m)



- Competed in the School Sport Victoria Loddon Mallee Regional Track and Field Championships; winning Gold in 100m and 200m.
- Lachlan Qualified for the Australian Nationals Championships, however a hamstring injury cut his championships short
- At the Victorian Championships, came away with 4th in the final of both the 100m and 200m.
- Competed in South Australia Track and Field Championships; winning Gold in both 100m and 200m. Also competed in South Australian All-School Games; winning Gold in 100m and 200m.